

The Murphy Hockey School Timetable

Group A

YOB: 2007-TBA

July 22 - July 26, 2013

July 29 - Aug 2, 2013



Head Counselor & Instructor: TBA

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:35 am	ARRIVAL AFL Complex West Doors	ARRIVAL AFL Complex West Doors	ARRIVAL AFL Complex West Doors	ARRIVAL AFL Complex West Doors	ARRIVAL AFL Complex West Doors
9:00	POWER SKATING	POWER SKATING	POWER SKATING	POWER SKATING	POWER SKATING
9:30	HOCKEY SKILLS	HOCKEY SKILLS	HOCKEY SKILLS	HOCKEY SKILLS	HOCKEY SKILLS
10:10	DRINK/SNACK CHANGE	DRINK/SNACK CHANGE	DRINK/SNACK CHANGE	DRINK/SNACK CHANGE	DRINK/SNACK CHANGE
10:30	ACTIVITY	ACTIVITY	ACTIVITY	ACTIVITY	ACTIVITY
11:20	VIDEO	VIDEO	VIDEO	VIDEO	VIDEO
11:50	LUNCH	LUNCH	LUNCH	LUNCH	PIZZA LUNCH Pop/Freezie
1:00	SCRIMMAGE WHITE VS GREEN	SCRIMMAGE WHITE VS GREEN	SCRIMMAGE WHITE VS GREEN	SCRIMMAGE WHITE VS GREEN	SCRIMMAGE WHITE VS GREEN
2:00	TEAM BUILDING CONCEPTS	SWIM AFLC	TEAM BUILDING CONCEPTS	SWIM AFLC	TEAM BUILDING CONCEPTS
3:00	ACTIVITY	ACTIVITY	ACTIVITY	ACTIVITY	ACTIVITY
4:00 pm	DEPARTURE	DEPARTURE	DEPARTURE	DEPARTURE	DEPARTURE

NOTES

Facility: Aurora Family Leisure Complex- 135 Industrial Pkwy. N

****To reach The Murphy Hockey School (Sean Murphy) during the camp call (416) 407-3130**

****Activities include: soccer, volleyball, soccer baseball, dodgeball, tennis ball games noodle games, tag games, rubber chicken games, bean bag games, etc.**

****Put your name on all articles and equipment to avoid loss.**

****Make sure to take everything home each day, the rink is used by others at night.**

****Our Program is NUT FREE so please pack lunches accordingly, the AFLC is not nut free**

****Please be aware the AFLC facility does have Nut products sold at the vending machines**

****Please be punctual with arrival and departure times.**

**** Remember to bring a towel and swimsuit in a plastic bag on your swim day.**